



Lifeline

Harbour to Hawkesbury
Sydney

Mandarin Counselling 中文心理咨询

In a confidential, non-judgemental space, we can help individuals learn to cope and move forward. We're here to support you.

我们可以帮助个人在保密、非评判的空间中学会应对和前进。我们随时为您提供支持。

Our Mandarin speaking, PACFA accredited counsellor offers a caring, confidential, non-judgemental space for you to be heard, listened to and supported.

我们PACFA认证的中文心理咨询师为您提供一个充满关爱、保密、不带评判性的空间，让您被倾听并得到支持。



Mandarin Counselling

中文心理咨询

Offering support for those times when life is challenging.

在生活面对挑战中提供支持。

- **Appointments are available with our Mandarin Speaking Counsellor from 8am to 4pm on Wednesdays.**

我们的中文心理咨询师可以在周三上午 8 点至下午 4 点进行预约。

- **We draw on a range of evidence-based skills to support you.**

我们借鉴了一系列以根据为基础的技能来支持您。

- **Individual sessions are \$40, with sliding scale concession for financial hardship.**

单次心理咨询费用为 \$40，如有经济困难可享受浮动折扣。

如需预约，请致电 **(02) 8287 1126**

或发送电子邮件至

appointments@lifelineh2h.org.au



Lifeline Saving Lives

Crisis Support. Suicide Prevention.